

PATIENT INSTRUCTION SHEET

DAY-BEFORE regimen

Afternoon AND evening before the procedure



PACKET

1

The afternoon of the day before your procedure

DATE

TIME

 PM to PM

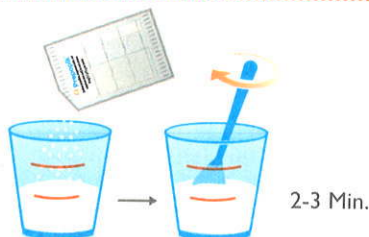
STEP ONE

Fill the dosing cup provided with cold water up to the lower (5-ounce) line on the cup



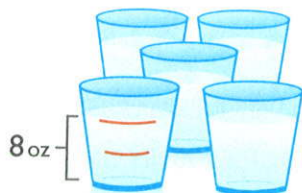
STEP TWO

- Pour in the contents of ONE (1) packet
- Stir for 2-3 minutes until dissolved
- Drink the entire contents



STEP THREE

Follow with FIVE (5) 8-ounce drinks of clear liquid, taken at your own pace, within the next 5 hours



1 2 3 4 5

Check off a circle as you finish each drink.



PACKET

2

The evening of the day before your procedure

DATE

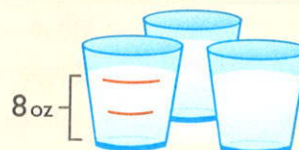
TIME

 PM to PM

Repeat **STEPS ONE** and **TWO**



Follow with at least **THREE (3)** 8-ounce drinks of clear liquid within 5 hours, before bed



1 2 3

Check off a circle as you finish each drink.

Your colonoscopy is scheduled for

DATE

TIME

 : PM
AM

 **Prepopik**TM

(sodium picosulfate, magnesium oxide, and anhydrous citric acid) for oral solution

10 mg/3.5 g/12 g per packet

Indication

Prepopik is a prescription medicine used by adults to clean the colon before a colonoscopy. Prepopik cleans your colon by causing you to have diarrhea. Cleaning your colon helps your healthcare provider see the inside of your colon more clearly during your colonoscopy.

Please see Important Safety Information on reverse side.
Please see accompanying full Product Information.

Additional information on reverse side. ►

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What's Inside

Inside your Prepopik box you will find:

- One (1) dosing cup
- Two (2) packets of Prepopik powder
- Complete Product Information for your reference



Clear Liquids

Here are some examples of clear liquids your healthcare provider may recommend:

- Water
- White grape juice
- Clear broth
- Ginger ale
- Apple juice
- Plain gelatin
- White cranberry juice
- Frozen juice bars

DO NOT drink any of the following:

- **NO** red or purple liquids
- **NO** liquids that you can't see through
- **NO** alcoholic beverages

Important Safety Information

- Do not take Prepopik if your healthcare provider has told you that you have serious kidney problems, a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestines (bowel perforation), a very dilated intestine (toxic megacolon), problems with the emptying of food and fluid from your stomach (gastric retention), or an allergy to any of the ingredients in Prepopik
- Tell your healthcare provider right away if you have any of these symptoms of a loss of too much body fluid (dehydration) while taking Prepopik: vomiting that prevents you from keeping down the additional prescribed amounts of clear liquids that you must drink after taking Prepopik, dizziness, urinating less often than normal, or headache
- Prepopik and other bowel preparations can cause serious side effects, including serious loss of body fluid (dehydration) and changes in blood salts (electrolytes) in your blood. These changes can cause abnormal heartbeats that can cause death, seizures (this can happen even if you have never had a seizure), or kidney problems. Your chance of having fluid loss and changes in blood salts with Prepopik is higher if you have heart problems, have kidney problems, or take water pills or non-steroidal anti-inflammatory drugs (NSAIDs). The most common side effects of Prepopik include nausea, headache, and vomiting

Please see accompanying full Product Information.

Patient Instruction Video

To watch a brief demonstration of these instructions, scan this code with your smartphone or visit our website at www.prepopik.com/patientvideo.



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FERRING
PHARMACEUTICALS

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PK/162/2013/US